

PRESS RELEASE

A JOINT CALL BY MORE THAN 30 MAJOR INTERNATIONAL SCIENTIFIC INSTITUTIONS FOR REVITALIZING THE MEDITERRANEAN DIET

Milan, 22st July 2016

As outcome of the 1° World Conference of the Mediterranean Diet, the **2016 Call For Action on the Revitalization of the Mediterranean Diet has been jointly endorsed by more than 30 mayor international scientific institutions** to act together through 5 main points:.

- 1) To reduce the increasing erosion of the Mediterranean diet heritage, with the erosion of the richness and diversity of Mediterranean food cultures;
- 2) To develop academic and research institution platforms;
- 3) To develop joint interdisciplinary studies and research projects;
- 4) To act together for effective, integrated curricula in the schools;
- 5) To reach a consensus on how to assess the adherence and the sustainability.



The Press Office is at disposal of the fellow journalists for any further information, images or to organize interviews:

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Elena Cosenza

Tel. 0039.02.45495838

E-mail: ufficiostampa@sprim.com